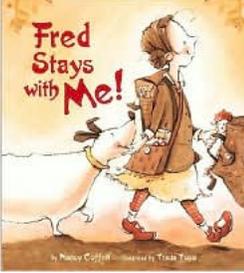
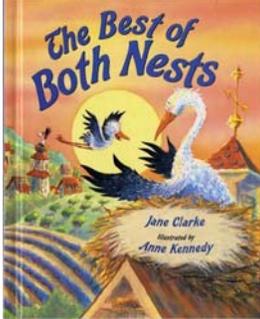
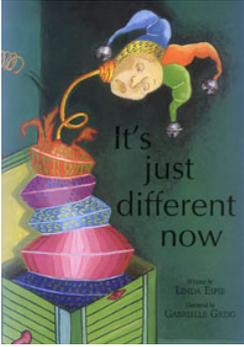
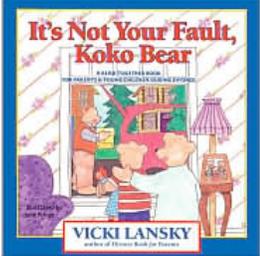
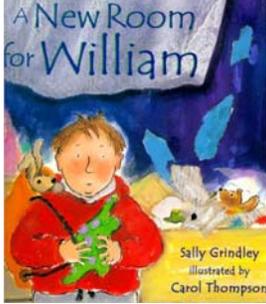
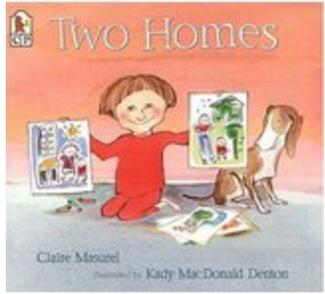
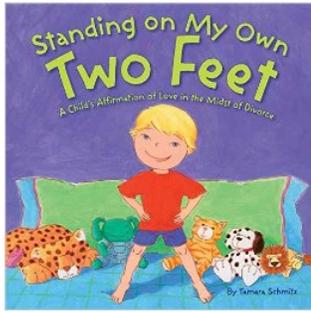
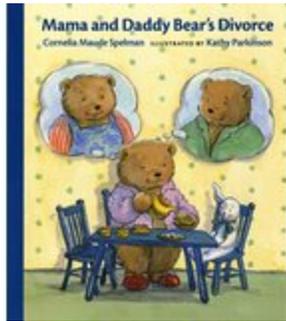


## Divorce Books by Age Group Preschool-Age Appropriate Books

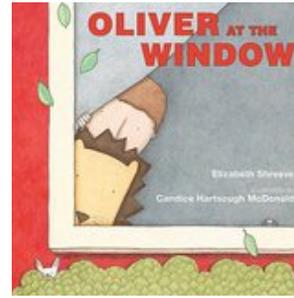
	<p><b>I Don't Want to Talk About It</b>, by <u>Jeanie Franz Ransom</u> (2000, Magination Press). A story comparing the child's feelings to those of various animals; beautifully illustrated. Afterword for parents suggests how to help their children adjust.</p>		<p>divorce means, how to deal with changes, how to recognize and talk about her feelings, and that the divorce is not her fault.</p>
	<p><b>Fred Stays With Me</b> by <u>Nancy Coffelt</u> (2007, Little, Brown Young Readers). A child describes how she lives sometimes with her mother and sometimes with her father but her dog is her constant companion.</p>		<p><b>The Best of Both Nests</b> by <u>Jane Clarke</u> 2007. Stanley the stork is upset when his parents divorce and his father goes to live in a separate nest.</p>
	<p><b>It's Just Different Now</b> by <u>Linda Espie</u> (1999, Spectrum Publications). Henry's parents have separated and he is really sad that his dad doesn't live with them any longer. His mother reassures him with the biggest hug that they will both always love him and that they'll all still be a family, just that things have changed now. Suitable for ages 3-7.</p>		<p><b>Mom and Dad Glue</b> by <u>Kes Gray</u> 2009. A child searches for glue to mend his parent's marriage. The owner of the glue shop tells him that his parents will always love him, and he needs to love each of them when they no longer live together.</p>
	<p><b>It's Not Your Fault, Koko Bear : A Read-Together Book for Parents and Young Children during Divorce</b> by <u>Vicki Lansky</u>, <u>Jane Prince</u>, <u>Jane Prince</u> (Book Peddlers, December 1997). Age Range: 3-7. This easy-to-understand children's story and parenting guide is intended for families where both parents plan to stay active and involved in their child's life. <i>It's Not Your Fault</i>, KoKo Bear learns what</p>		<p><b>A New Room for William</b> by <u>Sally Grindley</u> 2000. When William and his mother move, he is unhappy about having a new room, but he changes his mind after he gets dinosaur wallpaper and makes a new friend.</p>
	<p><b>Two Homes</b> by <u>Claire Masurel</u>, 2003. Alex enjoys the homes of both of his parents who live apart.</p>		



**Standing on My Own Two Feet: A Child's Affirmation...** by Tamara Schmitz, 2008. Addison's parents are divorced and he lives in one house with his mom and another with his dad, but the one thing he knows above all is that both his parents love him.



**Mama and Daddy Bear's Divorce** by Cornelia Spelman, 1998. Dinah Bear feels sad and scared when her parents say they are going to divorce.



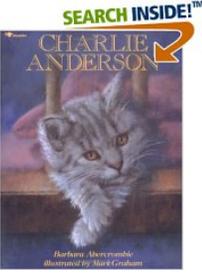
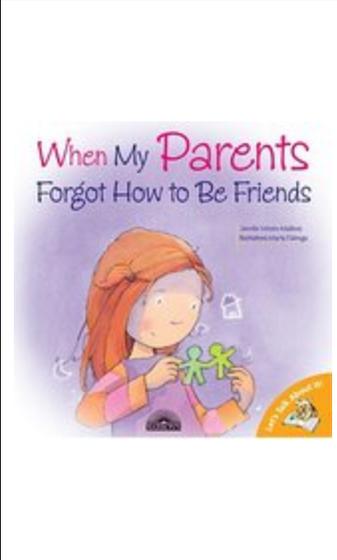
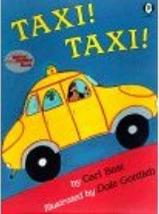
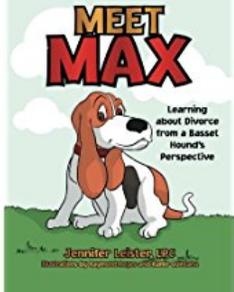
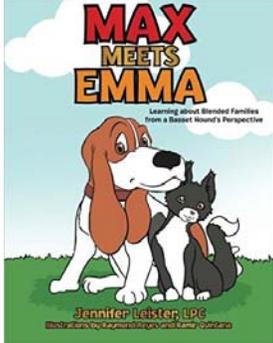
**Oliver at the Window** by Elizabeth Shreeve, 2009. When Oliver's parents' divorce and move into separate houses, Oliver spends a lot of time looking out the window with his pet lion as he adjusts to a new preschool and two homes.

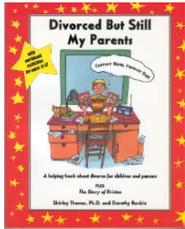
melanie walsh  
living  
with mom  
and living  
with dad



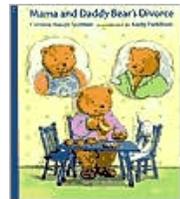
**Living with Mom and Living with Dad** by Melanie Walsh, 2012. A little girl describes what her life is like now that her parents no longer live together.

## Elementary School-Age Appropriate Books

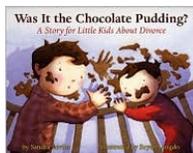
	<p><b>Charlie Anderson</b> by <u>Barbara Abercrombie</u>, (1995, Aladdin Paperbacks / Simon &amp; Schuster). Two girls who live with their mother adopt a cat who comes to their house every night. When he doesn't appear one night, they go looking for him and discover that he has two homes where he is loved and cared for, just like they do.</p>		<p><b>When My Parents Forgot How to Be Friends (Let's Talk About It!)</b> by <u>Jennifer Moore-Mallinos and Marta Fabrega</u>, (2005, Barrons Juveniles). Young children become confused and hurt when their parents constantly argue, then decide to divorce. This sensitively written book assures boys and girls that children are in no way responsible for their parents' inability to get along together.</p>
	<p><b>Taxi Taxi</b> by <u>Cari Best</u>, (March 1997, Orchard Books, NY). This story features a young Latina girl whose parents don't live together. Every Sunday, her father comes to visit in his bright yellow taxi.</p>		<p><b>Max Stays Overnight</b> by <u>Adria Klein</u>, 2007. Most of the time, Max's friend lives far away with his father, but this weekend he is staying with his mother, and has invited Max to sleep over.</p>
	<p><b>Two Homes</b> by <u>Clair Masurel</u> (2001, Candlewick Press). At Mommy's house, Alex has a soft chair. At Daddy's house, Alex has a rocking chair. In each home, Alex also has a special bedroom and lots of friends to play with. But whether Alex is with Mommy or with Daddy, one thing always stays the same – Alex is loved.</p>		<p><b>Meet Max: Learning About Divorce from a Basset Hound's Perspective</b> by <u>Jennifer Leister</u>, LPC, 2014.</p>
	<p><b>We're Having a Tuesday</b> by <u>D. K. Simoneau</u> (2006, AC Publishing Group). The story of a little girl's frustration of shuffling back and forth between her divorced parent's homes.</p>		<p><b>Max Meets Emma: Learning about Blended Families from a Basset Hound's Perspective</b> by <u>Jennifer Leister</u>, LPC, 2014.</p>



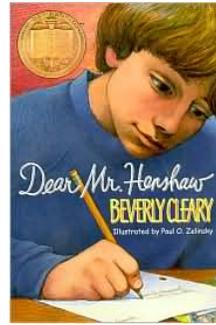
**Divorced But Still My Parents: A Helping Book About Divorce For Children and Parents** by Shirley Thomas, Ph.D. (Springboard Publications). This book educates children about the divorce process, identifies and validates their feelings and leads them through the grief process in an organized and compassionate way.



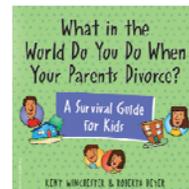
**Mama and Daddy Bear's Divorce** by Cornelia Maude Spelman, Kathy Parkinson (Illustrator) (2001, Albert Whitman). Age Range: 4-8. This story of divorce, as seen through Dinah's eyes, is written for young children in simple language. The book begins with a note to grown-ups on how best to explain divorce to the very young. A good book for anyone facing divorce with young children.



**Was It the Chocolate Pudding?: A Story for Little Kids about Divorce** by Sandra Levins, Bryan Langdo (Illustrator) (2006, American Psychological Association). Age Range: 4-8. The authors effectively explain divorce in language suitable for children. This resource helps children anticipate and express the many emotions they may feel. It includes a parent information section written by a child psychologist.



**Dear Mr. Henshaw** by Beverly Cleary, Paul Zelinsky (Illustrator) (2000, HarperCollins Publishers) In his letters to his favorite author, ten-year-old Leigh reveals his problems in coping with his parents' divorce, being the new boy in school, and generally finding his own place in the world.



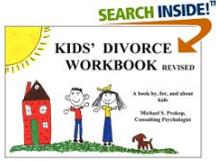
**What in the World Do You Do When Your Parents Divorce?: A Survival Guide for Kids** by Roberta Byer and Kent Winchester, (2001, Free Spirit Publishing). Specially aimed at kids ages 7-12. It explains divorce, new living arrangements, and other basics to help children understand what's happening in their lives.

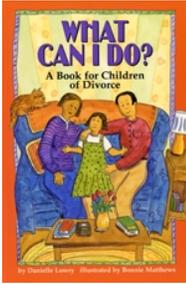


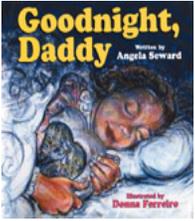
**The Days of Summer** by Eve Bunting. (2001, Harcourt Childrens Books) Age range: 5-8. This book tells the emotional story of two sisters who are adjusting to their grandparents' divorce. Throughout the story, the older sister, a fourth-grader, compassionately explains some of the more difficult aspects of divorce to the younger child.



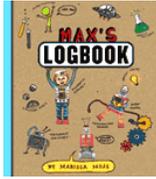
**Loon Summer** by Barbara Santucci. (2001, Wm. B. Ferdmans Publishing Co.) Age range: 5-9. This is the story of a young girl, Rainie, spending her first summer with her father after her parents' divorce.

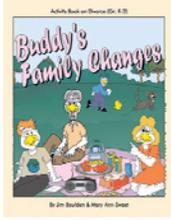
	<p><b>Kids' Divorce Workbook : A Practical Guide That Helps Kids Understand Divorce Happens to the Nicest Kids</b> by <u>Michael S. Prokop</u> (Alegra House Pubs; Revised edition, December 2000). This workbook is designed to complement “Divorce Happens To The Nicest Kids” as it helps kids understand their parents’ divorce and themselves. It is designed to improve coping skills and confidence levels as kids become more aware of their positive aspects and inner strengths.</p>
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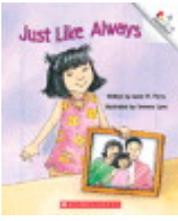
	<p><b>What Can I Do? A Book for Children of Divorce</b> by <u>Danielle Lowry</u> (2001, Magination Press) Age range 8-12. The story of a young girl whose parents tell her they are divorcing. It portrays the internal confusion and external actions she undertakes to alleviate her feelings of guilt and helplessness.</p>
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	<p><b>Goodnight, Daddy</b> by <u>Angela Seward</u> Phoebe is the child of a single mother and has not seen her father for two years. The day of her father's visit--which she has eagerly anticipated for weeks--has finally come. <i>Goodnight, Daddy</i> poignantly shows a little girl's love for her absent father, her tremendous desire to see him, and her disappointment when "something comes up" and he doesn't arrive as scheduled. Without putting down the father, Phoebe's mother helps her understand that, whether Daddy comes tomorrow or not, Phoebe will be okay.</p>
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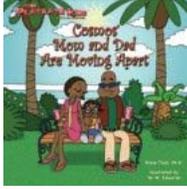
	<p><b>Running With the Reservoir Pups</b> by <u>Colin Bateman</u> (2003, Hodder Children’s Books). When his parents divorce and his mother moves with him to Belfast, Northern Ireland, 12-year-old Eddie contends with the Reservoir Pups, a gang of children who rule his neighborhood.</p>
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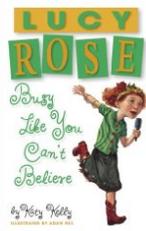
	<p><b>Max’s Logbook</b> by <u>Marissa Moss</u> (2003, Scholastic). Max’s logbook of observations, drawings, experiments and inventions reveals the rich world of his imagination and his feelings about his parents’ divorce.</p>
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	<p><b>Buddy’s Family Changes: Interactive CD-Rom on Separation and Divorce</b> (2005, Boulden Publishing). Follow Buddy as he learns to accept separation and divorce.</p>
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	<p><b>Just Like Always</b> by <u>Anne M. Perry</u> (2005, Children’s Press). A girl finds that most things in her life remain the same after her parent’s divorce. The separation of the family is evident in the story and illustrations. Her parents have different interests and do not live together, but what they do have in common is love for their daughter. They manage to set aside their differences and even attend meetings with her teacher together.</p>
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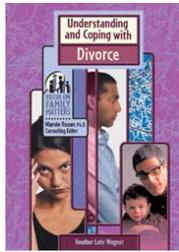
	<p><b>Ginny Morris and Mom's House, Dad's House</b> by <u>Mary Collins Gallagher</u> (2005, Magination Press). Two years after her parents' divorce, almost nine-year-old Ginny Morris is still frustrated by trying to keep track of clothing and homework as she moves from one house to another each Sunday, but is learning to tell her parents when things bother her.</p>
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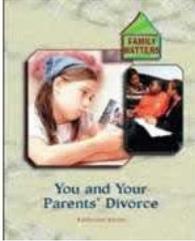
	<p><b>Cosmos' Mom and Dad Are Moving Apart</b> by <u>Annie Thiel</u> (2006, Playdate Kids Publishing). Cosmo's parents are getting a divorce. Is it his fault? Can he fix it? Will his parents still love him? What's Cosmo to do? One thing is for sure, both of his parents will always love him, forever and ever.</p>
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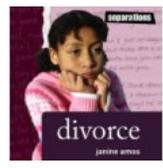
	<p><b>Lucy Rose: Busy Like You Can't Believe</b> by <u>Katy Kelly</u> (2006, Delacorte Press). Through brief diary entries, she provides interesting stories. She also describes her curiosity and desire to eavesdrop on her mother and neighbors. Based on her snooping, she worries that her mother has begun dating, fears that her best friend is moving away, and is convinced that a friend's mother has a gambling problem.</p>
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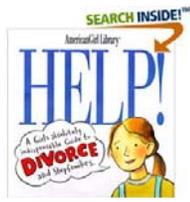
	<p><b>Divorce and Separation</b> by <u>Patricia J. Murphy</u> (2008, Heinemann Library). Separation and divorce: Why does it happen – Getting divorced – Living apart – Is it my fault? – Do my parent still love me? – How does it feel when your parents divorce? – Sadness and anger – Feeling all alone – Getting help – Accepting change – New family members – New beginnings.</p>
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	<p><b>The Divorce Help Book for Kids</b> by <u>Cynthia MacGregor</u> (2001, Impact Publishers). A guide to dealing with the divorce of parents, discussing various reasons for divorce, the emotions experienced by the children, and ways of coping with the change.</p>
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	<p><b>Understanding and Coping with Divorce</b> by <u>Heather Lehr Wagner</u>; Marvin Rosen, consulting editor. (2002, Chelsea House). Divorce is a devastating prospect for any family, but it can be especially difficult on the children of divorcing parents. This title examines some of the issues that are often involved in divorce, and tries to help children adjust to the many changes that may occur in their lives.</p>
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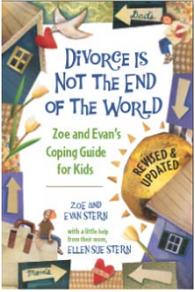
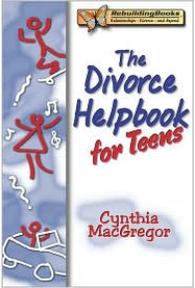
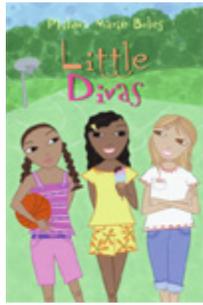
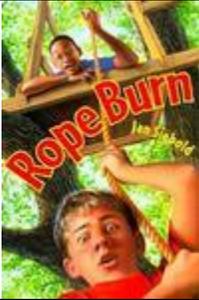
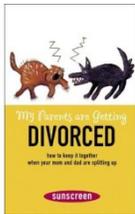
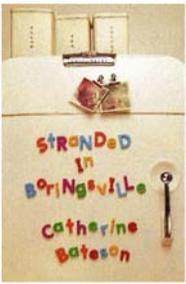
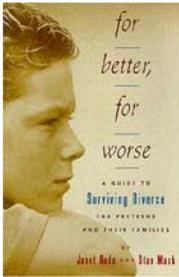
	<p><b>You and Your Parents' Divorce</b> by <u>Katherine Krohn</u> (2001, Rosen Publishing Group). What exactly is a divorce – It's not your fault – Finding friends who understand and, Please don't put me in the middle – Adjusting to change.</p>
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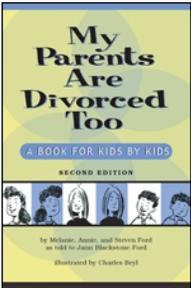
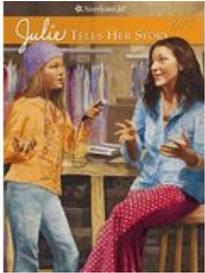
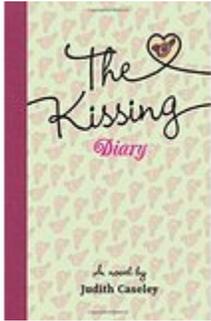
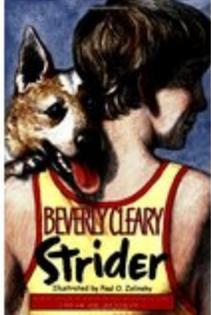
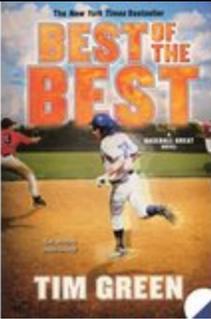
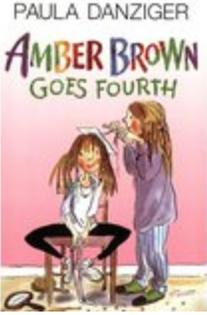
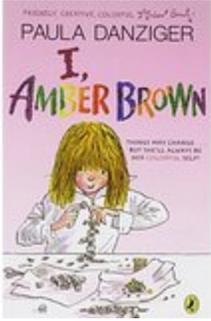
	<p><b>Divorce</b> by <u>Janine Amos</u> (2002, Gareth Stevens Publishing). Uses letters, stories, and informational text to provide advice for children on how to cope with their parents' divorce.</p>
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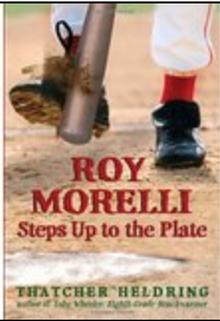
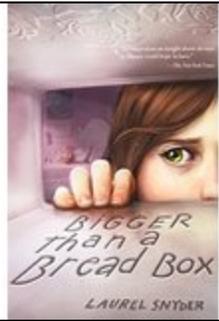
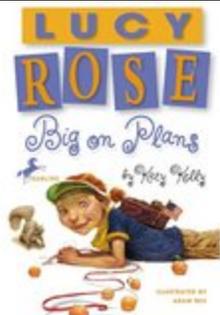
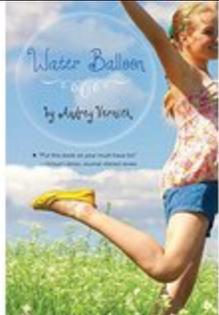
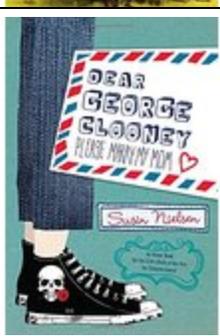
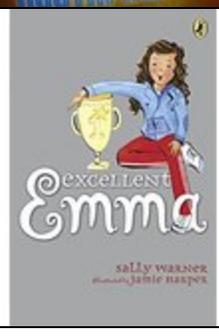
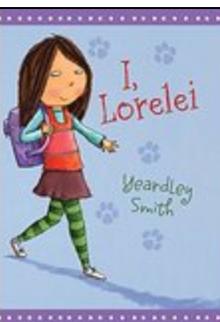


**Help! A Girl's Absolutely Indispensable Guide to Divorce and Stepfamilies** by Nancy Holyoke (1999, Pleasant Company Publications). Answers letters from girls dealing with various aspects of divorce, remarriage and stepfamilies. Includes tips, quizzes and advice.

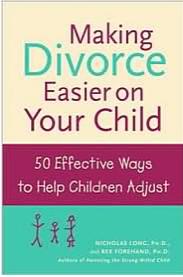
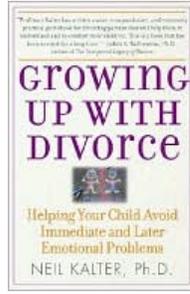
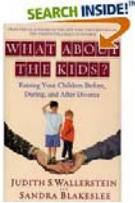
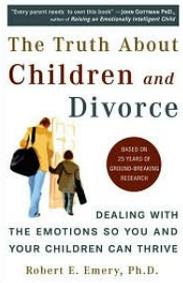
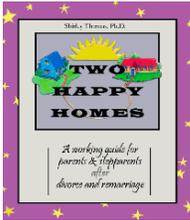
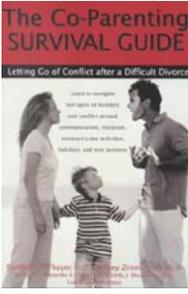
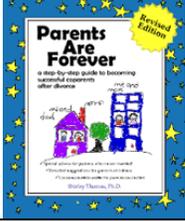
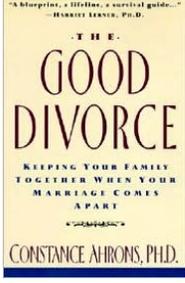
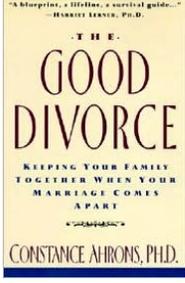
## Preteen- and Teenage-Appropriate Books

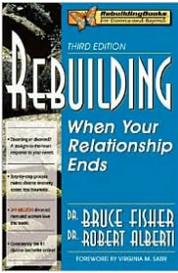
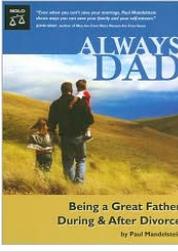
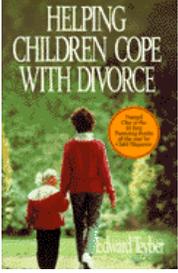
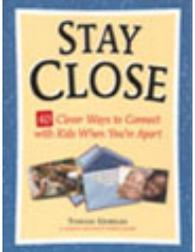
	<p><b>Divorce is Not the End of the World: Zoe and Evan's Coping Guide for Kids</b> by <u>Zoe Stern</u>, <u>Evan Stern</u> and <u>Ellen Sue Stern</u>. (2008, First Tricycle Press Printing). A teenage brother and sister whose parents are divorced discuss topics relating to this situation, respond to letters from other children, and offer tips based on their experience.</p>		<p>and his new girlfriend.</p> <p><b>Happy New Year, Julie</b> by <u>Megan McDonald</u>, 2007. The first Christmas after Julie's parents' divorce is difficult, but Julie finds comfort in celebrating the Chinese New Year traditions with her best friend, and thinking about new beginnings.</p>
	<p><b>The Divorce Helpbook for Teens</b> by <u>Cynthia MacGregor</u> (2004, Impact Publishers). Divorce can be especially tough on teens. This friendly guide offers a helping hand to teens struggling to answer the tough questions when their parents divorce: Why do parents get divorced? How will the divorce change our lives? What can I do to feel less depressed? Whom can I talk with about my problems? What's likely to happen next? ... and more.</p>		<p><b>Little Divas</b> by <u>Philana Marie Boles</u> (2006, HarperCollins/Amistad). The summer before seventh grade, Cassidy Carter must come to terms with living with her father, practically a stranger, as well as her relationships with her cousins, all amongst the overall confusion of adolescence.</p>
	<p><b>Rope Burn</b> by <u>Jan Siebold</u>. (2000, Albert Whitman &amp; Co.). Age Range: 9-12. A funny and realistic story about a teenage boy named Richard, who moves as a result of his parents' divorce.</p>		<p><b>My Parents are Getting Divorced: How to Keep It Together When Your Mom and Dad are Splitting Up</b> by <u>Florence Cadier</u> with <u>Melissa Daly</u>. (2004, Sunscreen). Offers preteens and teens advice on the topics that interest them most in a compact, highly illustrated paperback that fits conveniently in a purse, backpack, or messenger bag.</p>
	<p><b>Stranded in Boringsville</b> by <u>Catherine Bateson</u> (2005, Holiday House). Following her parent's separation, twelve-year-old Rain moves with her mother to the country, where she befriends the unpopular boy who lives next door and also seeks a way to cope with her feelings toward her father</p>		<p><b>For Better, For Worse: A Guide to Surviving Divorce for Preteens and Their Families</b> by <u>Janet Bode</u> and <u>Stan Mack</u> (2001, Simon &amp; Schuster Books). Uses first person accounts from young people to describe the effects of divorce and remarriage and how to handle them. Includes a section for adults discussing how to minimize both the short and long term impact of divorce.</p>

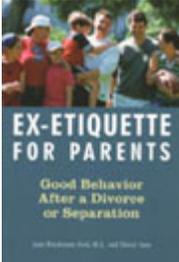
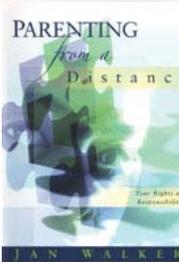
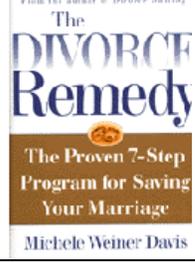
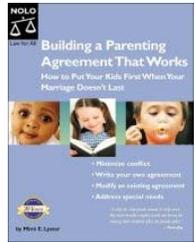
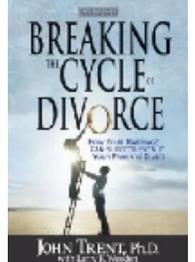
	<p><b>My Parents are Divorced Too: A book for kids by kids</b> by <u>Melanie, Annie and Steven Ford</u> (2006, Magination Press). These three young authors pack lots of simple truths and “I have been through it” advice into this wise little book about their struggles and triumphs through their parents’ divorce.</p>
	<p><b>Julie Tells Her Story</b> by <u>Megan McDonald</u>, 2007. Nine-year-old Julie tells her classmates about her parents’ divorce after she breaks her finger. Her family supports her and Julie realizes the importance of telling the truth.</p>
	<p><b>It's Not the End of the World</b> by <u>Judy Blume</u>, 2014. When her parents divorce, a sixth grader struggles to understand that sometimes people are unable to live together.</p>
	<p><b>The Kissing Diary</b> by <u>Judith Caseley</u>, 2007. Thirteen-year-old Rosie tries to deal with her parents’ divorce, her horrible name, and her mother’s new boyfriend.</p>
	<p><b>Strider</b> by <u>Beverly Cleary</u>, 2000. In a series of diary entries, Leigh tells how he comes to terms with his parents’ divorce, acquires joint custody of an abandoned dog, and joins the track team at school.</p>
	<p><b>Best of the Best: A Baseball Great Novel</b> by <u>Tim Green</u>, 2012. Twelve-year-old Josh struggles to concentrate on his baseball game and be the team’s leader while also trying to deal with his parent’s impending divorce.</p>
	<p><b>Lexie</b> by <u>Audrey Coulombis</u>, 2012. When ten-year-old Lexie goes on vacation with her father, she is surprised to find out that his girlfriend and her two sons were also invited.</p>
	<p><b>Amber Brown Goes Fourth</b> by <u>Paula Danziger</u>, 2007. Amber faces some changes in her life as her best friend moves away and her parents get divorced.</p>
	<p><b>I, Amber Brown</b> by <u>Paula Danziger</u>, 2011. Because her divorced parents share joint custody of her, nine-year-old Amber suffers from lack of self-esteem.</p>
	<p><b>Olivia Bean, Trivia Queen</b> by <u>Donna Gephart</u>, 2013. Olivia is on her way to Hollywood and she hopes to reunite with her father who she hasn’t seen for two years.</p>

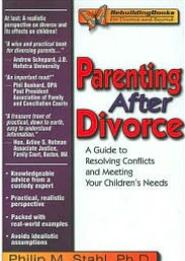
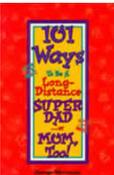
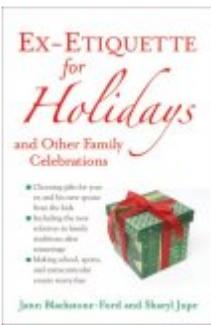
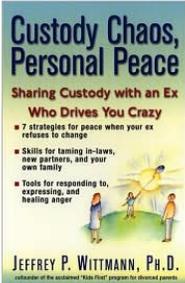
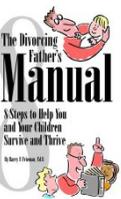
	<p><b>Roy Morelli Steps Up to the Plate</b> by <u>Thatcher Heldring</u>, 2011. When Roy, eighth grader, is failing history he is banned from playing baseball, and even worse is tutored by his father's new girlfriend.</p>		<p><b>Bigger Than a Breadbox</b> by <u>Laurel Snyder</u>, 2012. Devastated when her parents separate, twelve-year-old Rebecca must move from Baltimore with her mother to her Gran's house in Atlanta.</p>
	<p><b>Lucy Rose: Big on Plans</b> by <u>Katy Kelly</u>, 2009. Lucy writes in her diary about trying to prevent her parents' divorce and enjoying a ninth birthday adventure with her father.</p>		<p><b>Water Balloons</b> by <u>Audrey Vernick</u>, 2014. Marley's newly separated parents decide she should spend the summer at her father's new home. She also tries to cope with her best friends pulling away from her.</p>
	<p><b>Kaline Klattermaster's Tree House</b> by <u>Haven Kimmel</u>, 2010. Third-grader Kaline's father has left home, so his 100 dogs in his imaginary tree house and his neighbor try to help him cope with the changes in his life and the bullies at school.</p>		<p><b>Southpaw</b> by <u>Rich Wallace</u>, 2008. After moving to New Jersey following his parents' divorce, Jimmy tries to cope with his new life and dealing with his overly competitive father.</p>
	<p><b>Dear George Clooney, Please Marry My Mom</b> by <u>Susin Nielsen-Fernlund</u>, 2012. Violet's dad trades his Vancouver job for one in Los Angeles, and her mom for a trophy wife. Violet and her friend take control by trying to snag George Clooney for her Mom!</p>		<p><b>Excellent Emma</b> by <u>Sally Warner</u>, 2010. Emma feels that she needs to win a winter games competition to prove to her father, who is living with his new wife in England, that she is good at something.</p>
	<p><b>I, Lorelei</b> by <u>Yeardley Smith</u>, 2009. Eleven-year-old Lorelei writes about her parents' separation, getting a part in the school play, and becoming friends with the cutest boy in her school.</p>		

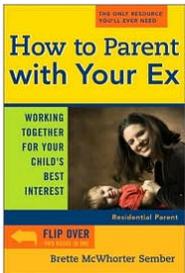
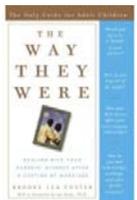
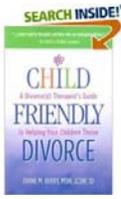
## Adult Books on Divorce

	<p><b>Making Divorce Easier on Your Child: 50 Effective Ways to Help Children Adjust.</b> <u>Nicholas Long</u> and <u>Rex Forehand</u> (2002). Contemporary Books. This book provides practical, effective advice for parents on dealing with issues including talking to children about divorce, managing stress, communicating with the child's other parent, single parenting, and building a support network.</p>		<p><b>Growing up with Divorce: Helping Your Child Avoid Immediate and Later Emotional Problems</b> by <u>Neil Kalter</u>, (2006, The Free Press) Offers divorced parents transformative insight, solace, and practical guidance on how to help their children cope with the stresses caused by marital separation.</p>
	<p><b>What About the Kids?: Raising Your Children Before, During and After Divorce</b> by <u>Judith Wallerstein</u> and <u>Susan Blakeslee</u> (Hyperion, 2004). A guide for parents on how to help their children at the time of the breakup and in the many years that follow within the post-divorce and remarried family.</p>		<p><b>Build A Co-Parenting Team After Divorce or Remarriage</b> by <u>Peter K. Gerlach, MSW</u>. Typical multi-home stepfamilies are <i>riddled</i> with conflicts between three or more co-parents and their relatives over child discipline, nutrition, visitations, custody, hygiene, religion, schooling, holidays, loyalties, expenses, names, responsibilities, and other topics.</p>
	<p><b>The Truth About Children and Divorce</b> by <u>Robert E. Emery</u>, (Penguin, 2006). Addressing single-parent families, this book helps kids with absent, deceased, and unknown dads talk about and deal with this often difficult situation.</p>		<p><b>Two Happy Homes: A Working Guide for Parents and Stepparents After Divorce and Remarriage</b> by <u>Shirley Thomas, Ph.D.</u> (Springboard Publications). A wonderful resource geared to keep the needs of the children first, emphasizing the importance of developing strong coparenting relationships before integrating new partners into the lives of their children.</p>
	<p><b>The Co-Parenting Survival Guide: Letting Go of Conflict After a Difficult Divorce</b> By <u>Elizabeth Thayer Ph.D.</u> &amp; <u>Jeffrey Zimmerman, Ph.D.</u> (2001) Cahners Business Information, Inc. When couples have children, an acrimonious divorce can be painful for everyone involved. Couples can bear enormous resentment, anger and disappointment toward each other yet they still have to collaborate on one of the most complicated and difficult jobs in the world: child-rearing. Too often the intricacies of visitation, holiday plans and differences over discipline are left to lawyers, escalating the antagonism.</p>		<p><b>Parents Are Forever: A Step-By-Step Guide to Becoming Successful Co-Parents After Divorce</b> by <u>Shirley Thomas, Ph.D.</u> (Springboard Publications). A wise and highly practical guide for divorced parents.</p>
	<p><b>Good Divorce</b> by <u>Constance R. Ahrons</u> (1998, HarperCollins Children's Books). The good divorce? Impossible? Ahrons defines the good divorce and shows how couples can achieve one. Counteracting the myths that divorce inevitably turns adults into bitter enemies, results in damaged children and broken homes, and rips apart the fabric of society, Dr. Ahrons focuses on what we can learn from those families that</p>		<p><b>Good Divorce</b> by <u>Constance R. Ahrons</u> (1998, HarperCollins Children's Books). The good divorce? Impossible? Ahrons defines the good divorce and shows how couples can achieve one. Counteracting the myths that divorce inevitably turns adults into bitter enemies, results in damaged children and broken homes, and rips apart the fabric of society, Dr. Ahrons focuses on what we can learn from those families that</p>

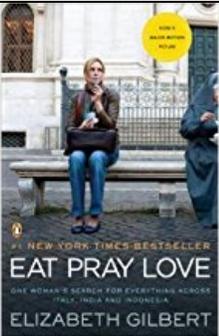
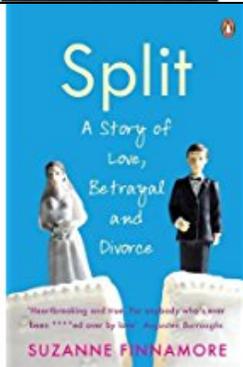
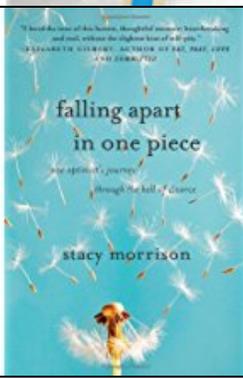
	maintain family bonds and continue to meet the needs of their children.
	<b>Rebuilding: When Your Relationship Ends</b> by <u>Bruce Fisher</u> , <u>Robert Alberti</u> , <u>Virginia M. Satir</u> (Foreword by)(2005, Impact Publishers, Incorporated). A thorough understanding and presentation of the nineteen-stage divorce recovery process.
	<b>Always Dad: Being a Great Dad During and After Divorce</b> by <u>Paul Mandelstein</u> (2006, NOLO) Practical advice from a parenting expert about how to have and maintain a great relationship with your kids during and after a divorce!
	<b>Helping Children Cope With Divorce</b> by <u>Edward Teyber, Ph.D.</u> (2001, Josey-Bass). The book is extremely helpful to any parent going through the process of divorce. It has important information for parents, professionals, and anyone who is working with children whose parents are going through divorce.
	<b>Divorced Dads Survival Book: How to Stay Connected With Your Kids</b> by <u>David Knox, Ph.D.</u> (2000, Merloyd Lawrence, Perseus Publishing). This book shows how to navigate the process of getting a divorce so as to minimize the negative impact on one's children. The goal of the book is to show how fathers can use the divorce to improve their relationship with their kids.
	<b>Stay Close: 40 Clever Ways to Connect with Kids When You're Apart: More Than 150 Ready-to-Use Strategies for Teachers and Counselors</b> by <u>Tenessa Gemelke</u> How do you keep up with your son's interests when you're a hundred miles away? What can you do to express your love to a granddaughter you rarely see? How can you make sure a young person grows up happy and healthy even when you're not physically there? When you're away from a young person you love, concerns like these can make the distance seem insurmountable.

	<b>Ex-Etiquette for Parents: Good Behavior after a Divorce or Separation</b> by <u>Jann Blackstone-Ford, MA</u> , and <u>Sharyl Jupe</u> Written for both biological parents and stepparents, this helpful guide provides the tools necessary to raising well-adjusted children after a stressful divorce. This etiquette book provides an authentic guide for ex-spouses to interact on a civil and healthy level.
	<b>Parenting from a Distance: Your Rights and Responsibilities</b> by <u>Jan Walker</u> Over 16 million children in the United States are separated from at least one of their parents. Whether the living arrangements for these children are decided by the parents or by the courts, at least one parent suffers from the separation. More often, both parents suffer, as do the children. Child custody arrangements rarely completely satisfy anyone.
	<b>The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage</b> by <u>Michele Weiner Davis</u> (2001, Simon & Schuster). A seven-step program anyone can follow to revitalize even the most damaged marriage.
	<b>Building a Parenting Agreement That Works: How to Put Your Kids First When Your Marriage Doesn't Last</b> by <u>Mimi Lyster</u> (2005, NOLO) Working out a fair and realistic child-custody agreement is one of the most difficult tasks for parents going through a divorce or separation. Shows separating or divorcing parents how to overcome obstacles and create win-win custody agreements.
	<b>Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even If Your Parents' Didn't</b> by <u>John Trent, Ph.D.</u> with <u>Larry K. Weeden</u> (2006, Tyndale Publishers).

	<p><b>Parenting After Divorce: A Guide to Resolving Conflicts and Meeting Your Children's Needs</b> by <u>Philip M. Stahl</u> (2000, Impact Publishers). A realistic perspective on divorce and its effects on children.</p>
	<p><b>101 Ways to Be A Long-Distance Super Dad – or Mom Too!</b> By <u>George Newman</u> (2000, Blossom Valley Press). Offers helpful, practical tips for parents who live or work in one place, and whose children live in another.</p>
	<p><b>Ex-Etiquette for Holidays and Other Family Celebrations</b> by <u>Jann Blackstone-Ford and Sharyl Jupe</u> (2008, Chicago Review Press). Laying the groundwork for family gatherings – Ex-etiquette for holidays – Ex-etiquette for new arrivals, birthdays and other milestone events, ex-etiquette for school events and extra-curricular activities – ex-etiquette at times of loss and grieving.</p>
	<p><b>Custody Chaos, Personal Peace: Sharing Custody With an Ex Who Drives You Crazy</b> by <u>Jeffrey P. Wittmann</u> (2001, Perigee) How can your problems disappear if your ex won't? How can you cultivate a civil relationship -- for your child's sake - - with an ex who is disrespectful, irresponsible, or downright nasty? Here's the answer.</p>
	<p><b>Divorced Dads: 101 Ways to Stay Connected With Your Kids</b> by <u>Nancy J. Wasson and Lee Hefner</u> (2002, Adesso Press). Aimed specifically at divorced fathers, this book highlights different ways that dads can stay involved in their kids' lives. A divorced dad of a teenage daughter contributes to this book.</p>
	<p><b>The Divorcing Father's Manual: 8 Steps to Help You and Your Children Survive and Thrive</b> by <u>Barry B. Frieman</u> (2005, Men'sStudio Press). Teaches both custodial and noncustodial fathers to cope successfully with their divorce in a way that is healthy for their children.</p>

	<p><b>How to Parent With Your Ex: Working Together For Your Child's Best Interest</b> by <u>Brette McWhorter Sember</u> (2005, Sphinx Pub). Moving forward – Understanding your relationship with your child – Talking with your child – Setting guidelines for your child – Setting expectations for yourself – Working with the other parent – Coping with visitation – Scheduling – Dealing with holidays and celebrations – Long distance parenting – Other people involved with visitation – Dealing with ages and stages.</p>
	<p><b>The Way They Were: Dealing With Your Parents' Divorce After a Lifetime of Marriage</b> by <u>Brooke Lea Foster</u> (2006, Three Rivers Press). Ready, set, grieve. Who's the parent, who's the child. Caught in the middle – without family – the trouble with stepfamilies – truth, lies and parents who cheat.</p>
	<p><b>Child Friendly Divorce: A Divorcing Parent's Guide to Helping Your Children Thrive</b> by <u>Diane M. Berry</u>. (2004, Blue Waters Publications). A straight-forward examination of the crisis and trauma that divorce brings to children's lives, and what divorcing parents can do to ease the burden. From helping children adjust to long-term difficulties; to forming a co-parenting partnership with the "other parent"; to when and how to introduce children to a new partner.</p>

# Divorce Memoirs

	<p><b>Eat Pray Love</b> by Elizabeth Gilbert, 2006.</p>
	<p><b>Split: A Memoir of Divorce</b> by Suzanne Finnamore, 2009.</p>
	<p><b>Falling Apart in One Piece: One Optimist's Journey through the Hell of Divorce</b> by Stacy Morrison, 2010.</p>



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